

FRIDAY PERIOD 1 & 2: YEAR 7

FRIDAY PERIOD 1 & 2: YEAR 7																				
	3/9 – 28/9				1/10 – 26/10	5/11 – 9/11	12/11 – 7/12	10/12 – 18/1				21/1 – 22/2	25/2 – 22/3	8/4 – 7/6	10/6 – 19/7					
	4 WEEKS				4 WEEKS	1 WEEK	4 WEEKS	4 WEEKS				4 WEEKS	4 WEEKS	8 WEEKS	6 WEEKS					
7I/PE LR	Induction				Netball	X-C	Gym	Fitness				Gym	Hockey	Athletics	S & F/Tennis					
	Games	Ath	Gym	S&F				S	S	S	S				S	S				
	L Astro	Astro	Gym	Field	Hard Courts		Sports Hall	SQ	G	SH	A	Gym	Large Astro		T	T	T	S	S	S
7G/PE MS	Induction				Hockey	X-C	Gym	Fitness				Gym	Netball	Athletics	S & F/Tennis					
	Games	S&F	Gym	Ath				T	T	T	S				S	S				
	L Astro	Field	Gym	Astro	Large Astro		Gym	G	SQ	A	SH	Sports Hall	Hard Courts		S	S	S	S	S	S
7R/PE HGW	Induction				Gym	X-C	Football	Fitness				Rugby	Gym	Athletics	S & F/Tennis					
	Gym	S&F	Games	Ath				S	S	S	S				S	S				
	Gym	Field	L Astro	Astro	Gym		Large Astro	A	SH	G	SQ	Field	Sports Hall		S	S	S	T	T	T
7T/PE NF	Induction				Gym	X-C	Rugby	Fitness				Football	Gym	Athletics	S & F/Tennis					
	Gym	Ath	Games	S&F				S	S	S	T				T	T				
	Gym	Astro	L Astro	Field	Sports Hall		Field	SH	A	SQ	G	Large Astro	Gym		S	S	S	S	S	S

WEDNESDAY 5 & 6: YEAR 7

	3/9 – 28/9	1/10 – 26/10	5/11 – 9/11	12/11 – 7/12	10/12 – 18/1	21/1 – 22/2	25/2 – 22/3	8/4 – 7/6	10/6 – 19/7										
	4 WEEKS	4 WEEKS	1 WEEK	4 WEEKS	4 WEEKS	4 WEEKS	4 WEEKS	8 WEEKS	6 WEEKS										
7N/PE RKS	Induction				Netball	X-C	Gym	Fitness	Gym	Hockey	Athletics	S & F/Tennis							
	Games	Ath	Gym	S&F								S	S	S	S	S	S		
	L Astro	Ast/sh	Gym	Field	Hard Courts		Sports Hall	SQ	G	SH	A	Gym	Large Astro		T	T	T	S	S
7B/PE MS	Induction				Hockey	X-C	Gym	Fitness	Gym	Netball	Athletics	S & F/Tennis							
	Games	S&F	Gym	Ath								T	T	T	S	S	S		
	L Astro	Field	Gym	Ast/sh	Large Astro		Gym	G	SQ	A	SH	Sports Hall	Hard Courts		S	S	S	S	S
7J/PE HGW	Induction				Gym	X-C	Football	Fitness	Rugby	Gym	Athletics	S & F/Tennis							
	Gym	S&F	Games	Ath								S	S	S	S	S	S		
	Gym	Field	L Astro	Ast/sh	Gym		Large Astro	A	SH	G	SQ	Field	Sports Hall		S	S	S	T	T
7Y/PE DS	Induction				Gym	X-C	Rugby	Fitness	Football	Gym	Athletics	S & F/Tennis							
	Gym	Ath	Games	S&F								S	S	S	T	T	T		
	Gym	Ast/sh	L Astro	Field	Sports Hall		Field	SH	A	SQ	G	Large Astro	Gym		S	S	S	S	S

MONDAY PERIOD 3 & 4: YEAR 9

	3/9 – 28/9	1/10 – 26/10	5/11 – 9/11	12/11 – 7/12	10/12 – 18/1	21/1 – 22/2	25/2 – 22/3	8/4 – 7/6	10/6 – 19/7
	4 WEEKS	4 WEEKS	1 WEEK	4 WEEKS	4 WEEKS	4 WEEKS	4 WEEKS	8 WEEKS	6 WEEKS
9R/PE4 (B) LR	Invasion	Badminton	X-C	Dance	Fitness	Gym	Netball	Athletics	S & F/Tennis
	Hard Courts/astro	Sports Hall		Squash Courts	Sports Hall	Gym	Hard Courts		S S S S S S T T T T S S
9R/PE3 (A) MS	Fitness	Netball	X-C	Hockey	Gym	Dance	Gym	Athletics	S & F/Tennis
	Sports Hall	Hard Courts		Large Astro	Gym	Hard Courts.	Gym		T T T T S S S S S S S S
9R/PE1 (A) HGW	Gym	Rugby	X-C	Gym	football	Hockey	Fitness	Athletics	S & F/Tennis
	Gym	Field		Gym	Large Astro	Large Astro	Sports Hall		S S S S T T S S S S T T
9R/PE2 (B) DS	Tennis	Gym	X-C	Fitness	Hockey	Badminton	Football	Athletics	S & F/Tennis
	Tennis courts	Gym		Sports Hall	Small Astro	Sports Hall	Large Astro		S S S S B B S S S S B B

THURSDAY PERIOD 1 & 2: YEAR 9

	3/9 – 28/9	1/10 – 26/10	5/11 – 9/11	12/11 – 7/12	10/12 – 18/1	21/1 – 22/2	25/2 – 22/3	8/4 – 7/6	10/6 – 19/7
	4 WEEKS	4 WEEKS	1 WEEK	4 WEEKS	4 WEEKS	4 WEEKS	4 WEEKS	8 WEEKS	6 WEEKS
9Y/PE2 (B) RKS	Invasion	Badminton	X-C	Dance	Fitness	Gym	Netball	Athletics	S & F/Tennis
	Hard Courts/astro	Sports Hall		Squash Courts	Sports Hall	Gym	Hard Courts		S S S S S S T T T T S S
9Y/PE3 (A) MS	Fitness	Netball	X-C	Hockey	Gym	Dance	Gym	Athletics	S & F/Tennis
	Sports Hall	Hard Courts		Large Astro	Gym	Hard Courts.	Gym		T T T T S S S S S S S S
9Y/PE4 (B) NF	Tennis/Invasion	Gym	X-C	Fitness	Hockey	Badminton	Football	Athletics	S & F/Tennis
	Tennis courts	Gym		Sports Hall	Small Astro	Sports Hall	Large Astro		S S S S B B S S S S B B
9Y/PE1 (A) DS	Gym	Rugby	X-C	Gym	football	Hockey	Fitness	Athletics	S & F/Tennis
	Gym	Field		Gym	Large Astro	Large Astro	Sports Hall		S S S S T T S S S S T T

THURSDAY PERIOD 3 & 4: YEAR 8

	3/9 – 28/9	1/10 – 26/10	5/11 – 9/11	12/11 – 7/12	10/12 – 18/1	21/1 – 22/2	25/2 – 22/3	8/4 – 7/6	10/6 – 19/7					
	4 WEEKS	4 WEEKS	1 WEEK	4 WEEKS	4 WEEKS	4 WEEKS	4 WEEKS	8 WEEKS	6 WEEKS					
8R/PE4 (B) LR	HOCKEY	FITNESS	X-C	DANCE	GYM	GYM	NETBALL	Athletics	S & F/Tennis					
	Astro	Share Sports hall		Gym	Share Sports hall	Gym	Hard Courts		T	T	T	S	S	S
8R/PE5 (A) MS	HOCKEY	GYM	X-C	DANCE	GYM	FITNESS	NETBALL	Athletics	S & F/Tennis					
	Astro	Share Sports Hall		Squash Courts	Gym	Share Sports Hall	Hard Courts		T	T	T	S	S	S
8R/PE2 (C) RKS	NETBALL	GYM	X-C	HOCKEY	FITNESS	GYM	DANCE	Athletics						
	Hard Courts	Gym		Astro	Share Sports Hall	Share Sports Hall	Squash Courts		S	S	S	S	ST	ST
8R/PE3 (A) NF	GYM	FOOTBALL	X-C	FITNESS	RUGBY	HOCKEY	GYM	Athletics	S & F/Tennis					
	Gym	Astro		Sp Hall/Astro	Field	Astro	Sports Hall		S	S	S	S	S	S
8R/PE1 (B) DS	GYM	HOCKEY	X-C	FITNESS	FOOTBALL	RUGBY	GYM	Athletics	S & F/Tennis					
	Sports Hall	Astro		Sp Hall/Astro	Astro	Field	Gym		S	S	S	T	T	T
									S	S	S	S	S	S

FRIDAY PERIOD 6: 11Y (One lesson per week)

	Module 1		Module 2		Module 3		Module 4		Module 5		Module 6	
	3/9 – 12/10	15/10 – 26/10	5/11 – 7/12	10/12 – 21/12	8/1 – 1/2	4/2 – 8/2	18/2 – 15/3	18/3 – 22/3	8/4 – 10/5			
	6 weeks	2 wks Rec	5 weeks	2 wks Rec	4 weeks	1 wks Rec	4 weeks	1 wks Rec	5 weeks			
11Y/PE1 DS	TENNIS	Rugby	FOOTBALL	Basketball	BADMINTON	Lacrosse	FITNESS	Tchuk Ball	STRIKE & FIELD			
	Tennis courts	Field	Astro	Sports Hall	Sports Hall	Astro	Gym	Astro				
11Y/PE2 HGW	HOCKEY	Badminton	RUGBY	Lacrosse	FOOTBALL	Volleyball	HANDBALL	Uni Hockey	STRIKE & FIELD			
	Astro	Sports hall	Field	Astro	Astro	Sports Hall	Hard courts	Gym				
11Y/PE3 MS	FOOTBALL	Fitness	BASKETBALL	Tag Rugby	HOCKEY	Netball	LACROSSE	Handball	STRIKE & FIELD			
	Astro	Gym	Sports Hall	Astro	Astro	Hardcourts	Astro	Hard courts				
11Y/PE5 LR	NETBALL	Rounders	DANCE	Uni-Hockey	GYM	Bench ball	BADMINTON	Lacrosse	STRIKE & FIELD			
	Hard courts	Astro	Squash courts	Gym	Gym	Gym	Sports Hall	Astro				
11Y/PE4 NF	BADMINTON	Lacrosse	FITNESS/ UNIHOKEY/ Bench ball	Handball	HARD COURTS	Tchuk ball	HOCKEY	Basketball	STRIKE & FIELD			
	Sports Hall	Astro	Gym	Hard courts	Hard Courts	Astro	Astro	Sports hall				

TUESDAY PERIOD 1 & THURSDAY PERIOD 6: 11R PHYSICAL EDUCATION

	Module 1						Module 2			Module 3		Module 4				Module 5/6		Module 6			
	3 weeks 6 lessons	3 weeks 6 lessons	2 weeks Rec 4 lessons				3 weeks 6 lessons	3 weeks 6 lessons	1 week Rec 2 lessons	2.5 weeks 5 lessons	2.5 weeks 5 lessons	3 weeks 6 lessons	2 weeks Rec 4 lessons		4 weeks 8 Lessons						
	3/9 – 21/9	24/9 – 12/10	15/10 – 26/10				5/11 – 23/11	26/11 – 14/12	17/12 – 21/12	8/1 – 23/1	24/1 – 8/2	18/2 – 8/3	11/3 – 22/3		8/5 -						
11R/ PE1 DS	Strike & Field	Basketb all (3)/ Football (3)	volleyball	tchuk Ball	Lacrosse	Uni-hoc	FITNESS Btec Unit 1			Dodge Ball	Football	Handball/ Hockey	Badminton	Basketball	Basketball	Choice	Choice	Strike & Field			
	Astro	Sports Hall / Astro	SH	SA	LA	G	Sports Hall	Astro / Sports Hall		Astro	Astro	Sports Hall	SH	SH	A	A					
11R/ PE2 HGW	Badmi nton	Football (3)/ Basketb all (3)	Uni-Hoc	volleyball	tchuk Ball	Lacrosse	FITNESS Btec Unit 1			Dodge Ball	Handball/ Hockey	Rugby	Football	Choice	Choice	Basketball	Basketball	Strike & Field			
	Sports Hall	Sports Hall	G	SH	SA	LA	Astro / Sports Hall	Sports Hall		Astro	Field	Astro	A	A	SH	SH					
11R/ PE3 RKS	FITNESS Btec Unit 1		Lacrosse	Bench ball	volleyball	Handball	Netball	Football	Dodge Ball	Gym	Badminton	Netball/ Handball	Uni-Hoc	Bench ball	Choice	Choice	Strike & Field				
	Gym	Gym/Astro	LA	G	SH	SA	Hard Courts	Sm Astro		Gym	Sports Hall	Astro / Hard courts	G	G	SA	SA					
11R/ PE4 LR	Strike & Field	Hockey	Handball	Lacrosse	Uni-Hoc	volleyball	FITNESS Btec Unit 1			Dodge Ball	Bad	Cheer Leading/ fitness video	Gym	Boxercise	Fitness Vid	Uni-Hoc	Bench ball	Strike & Field			
	Astro	S Astro	SA	LA	G	SH	Gym / Astro	Gym		Sports Hall	Gym	Gym	Sq	Sq	G	G					

TUESDAY PERIOD 6: 10Y (One lesson per week)

	Module 1		Module 2		Module 3		Module 4		Module 5		Module 6	
	3/9 – 12/10	15/10 – 26/10	5/11 – 7/12	10/12 – 21/12	8/1 – 1/2	4/2 – 8/2	18/2 – 15/3	18/3 – 22/3	8/4 – 3/5	6/5 – 24/5	3/6 -	
	6 weeks	2 wks Rec	5 weeks	2 wks Rec	4 weeks	1 wks Rec	4 weeks	1 wks Rec	4 weeks	2 weeks	5 weeks	2 weeks
10Y/PE1 NF	FOOTBALL	Hockey/ rugby/ Hand ball	FITNESS	Basketball	RUGBY/ HOCKEY	Uni - Hockey	BADMINTON	Chuck Ball	ATHLETICS	Danish long Ball	STRIKE & FIELD	
	Astro	Astro	Gym	Sports Hall	Field	Gym	Sports Hall	Astro				
10Y/PE2 DS	BADMINTON	Basketball	RUGBY /HOCKEY	Lacrosse	FOOTBALL	Volleyball	FITNESS	Uni Hockey	ATHLETICS	Danish Long ball	STRIKE & FIELD	
	Sports Hall	Sports hall		Astro		Sports Hall	Gym	Gym				
10Y/PE3 MS	NETBALL	Fitness	HOCKEY	Volleyball	BADMINTON	Lacrosse	FOOTBALL	Bench Ball	ATHLETICS	Softball	STRIKE & FIELD	
	Hard Courts	Gym	Astro	Sports Hall	Sports Hall	Astro	Astro	Sports Hall				
10Y/PE4 RKS	GYM	Lacrosse	BADMINTON	Bench Ball	DANCE	Tag Rugby	FITNESS	Netball	ATHLETICS	Softball	STRIKE & FIELD	
	Gym	Astro	Sports Hall	Gym	Squash Courts	Astro	Gym	Hard Courts				

TUESDAY PERIOD 5 & WEDNESDAY PERIOD 4: 10R (Two lessons per week)

	Module 1				Module 2			Module 3		Module 4		Module 5/6		Module 6		
	3 weeks 6 lessons	3 weeks 6 lessons	2 weeks Rec 4 lessons		3 weeks 6 lessons	3 weeks 6 lessons	1 week Rec 2 lessons	2.5 weeks 5 lessons	2.5 weeks 5 lessons	3 weeks 6 lessons	2 weeks Rec 4 lessons	4 weeks 8 Lessons	4 weeks 8 Lessons	4 weeks 8 Lessons	1 week rec	
	3/9 – 21/9	24/9 – 12/10	15/10 – 26/10		5/11 – 23/11	26/11 – 14/12	17/12 – 21/12	8/1 – 23/1	24/1 – 8/2	18/2 – 8/3	11/3 – 22/3	8/5 – 3/5	6/5 – 7/6	10/6 – 12/7	15/7 – 19/7	
10R/ PE1 DS	FITNESS Btec Unit 1		volleyball	Handball	Lacrosse	Uni-hoc	Basketball	Football	Dodge Ball	Badminton	Hockey	FITNESS Btec Unit 1	Tennis	Soft Ball	Cricket / Kwik cric	Dodge Ball
	Sports Hall	Gym	SH	SA	LA	G	Sports Hall	Astro		Sports Hall		Gym				
10R/ PE2 HGW	Rugby	Football	Uni-Hoc	volleyball	Handball	Lacrosse	FITNESS Btec Unit 1		Dodge Ball	Hockey	FITNESS Btec Unit 1	Badminton	Athletics	Tennis	Soft Ball	Dodge Ball
	Field	Astro	G	SH	SA	LA	Gym	Sports Hall		Gym	Sports Hall					
10R/ PE3 RKS	FITNESS Btec Unit 1		Lacrosse	Uni-Hoc	volleyball	Handball	Football	Gym	Dodge Ball	FITNESS Btec Unit 1	Badminton	Netball/ Handball	Cricket/ soft ball	Round ers	Tennis	Dodge Ball
	Gym	Sports Hall	LA	G	SH	SA	Astro	Gym		Gym	Sports Hall	Astro / Hard courts				

